

German Open Poomsae 2020

Poomsae - Freestyle - Para



- Date:** 15. + 16. February 2020
- Place:** 21147 Hamburg
CU Arena
Am Johannisland 2-4
- Promoter:** Deutsche Taekwondo Union e.V.
Responsible: Manuel Kolb, DTU - Vice-President Poomsae
- Chairman:** IR Rainer Tobias, DTU - Referee Director
tobias@dtu-mail.de
- Organizer:** Hamburger Sportfreunde e.V.
- Information:** www.GOP2020.de
- Schedule:**
- Friday, 14.02.2020**
19:00 - 21:00 h, Registration for everyone, CU Arena
- Saturday, 15.02.2020**
Senior and Master Division 18 +
Freestyle 18 +, Freestyle team 12 +
Para Division all ages
07:00 h, Opening of the hall
07:30 - 08:00 h, Registration for everybody, CU Arena
10:00 h, Start of competitions
- Sunday, 16.02.2020**
Mini, Cadet and Junior Division 8-17
Freestyle 8-17
07:00 h, Opening of the hall
08:00 - 08:30 h, Registration for Cadet and Junior, CU Arena
10:00 h, Start of competitions
- Qualification:** Poomsae and Freestyle 2nd Kup
Para 8th Kup
- Age:** Age categories are based on the year of birth.
- Registration:** www.GOP2020.de
- Deadline:** 05.02.2020

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Conditions for participation:

Participants from Germany need the DTU Passport. International competitors need to have a valid registration with their countries Member National Association.

All participants have to proof their age and nationality by presenting their valid passport or identification card at registration. Those who are not recognized as adults by law in their own country must submit a written consent signed by parents or lawful guardians accepting the participation and all parts of the official invitation (liability declaration).

Each competitor may only start for his own nation.

By registering, the participants accept the NADA Code in its current version and submit to the application of the anti doping regulations by registering for and participating at this tournament. More information can be found at www.nada.de.

Uniform:

All athletes from 1. st Poom / DAN must have a WT-approved Poomsae competition uniform.

Mini Division (Ages 8-11): White Dobok or white top with red and black collar, blue pants for males; the same top, but with red pants, for females.

Cadet Division (Ages 12-14): White top with red and black collar, blue pants for males; the same top, but with red pants, for females.

Junior and Senior Division (Ages 15-50): White top with dark blue pants for males; white top with light blue pants for females.

Master Division (Ages 51 and older): Yellow top and dark blue pant for both males and females.

Results:

Each participant agrees with the registration that his first name, name, age group, nation, club and placement are published in the result lists online and/or in print. By registering, all participants also agree that their image may be published as a photo or film footage and/or their name in reports that appear in any media during or after the tournament.

Payment Entry:

Individual competition / Free Style / Para: € 45,-- per contestant
Pair competition / Free Style: € 50,-- per team
Team competition / Free Style: € 60,-- per team

Entry fees to be paid to the following account:

Deutsche Taekwondo Union e.V.

Bank Name: Sparkasse Ingolstadt Eichstaett

IBAN NO: IBAN: DE88 7215 0000 0020 0192 61

BIC Code: BYLADEM11NG

Team payments: GOP2020 plus TEAM NAME (same Team Name as stated in the online registration)

Individual payments: GOP2020 plus athlete's name

Deutsche Taekwondo Union does not refund entry fees.

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Registration after

Deadline: Is possible by paying the double the fees until **11.02.2020**.

Competition Rules: Competition rules WT with variations on this announcement.

Classes: A change of the age category is not possible. The Team Competitors can only start in their respective age category.

Protest: Only the official coach is allowed to protest after 10 minutes of the pertinent contest. The protest is **€ 100,-** which has to be paid immediately to the referee director.

Liability: All contestants of the championship participate at their own risk. With the application form, all competitors or their parents or lawful guardians accept the exclusion of liability. We would like to point out that with your registration you declare your consent to the collection, processing and use of our personal data via these databases. The organizers assert that the data collected are used in compliance with the EU General Data Protection Regulation, only as a means to carry out the German Open Poomsae 2020.

Scoring: Places 1 - 4 will be scored for classification of clubs and nations. The formula 6 - 3 - 1 - 1 will be used. First place without a fight gives you 1 point. Reported teams of the German nations associations will only be recognized in the country-score.

Award presentation: Medals for places 1 - 4 in the individual classes,
Medals for places 1 - 4 for pair- and team classes,
Trophies for places 1 - 5 for clubs,
Trophies for places 1 - 5 for nations.

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Recognized Poomsae Competition:

Round	Participants	Poomsae
1	all athletes*	will be drawn
2	50% athletes/teams with the highest points**	
3	8 athletes/teams with the highest points	

* The 1st round will be cancelled if there are less than 19 participants.

** The 1st and 2nd round will be cancelled if there are less than 8 participants.

Form specification recognized Single Competition:

Participants	Age (year of birth)	Poomsae
Mini Division	8 - 11 years 2009-2012	Taeguk 4, 5, 6, 7, 8 Jang
Cadet Division	12 - 14 years 2006-2008	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Kumgang
Junior Division	15 - 17 years 2003-2005	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Kumgang, Taebaek
Division under 30	18 - 30 years 1990-2002	Taeguk 6, 7, 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
Division under 40	31 - 40 years 1980-1989	Taeguk 6, 7, 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
Division under 50	41 - 50 years 1970-1979	Taeguk 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon
Division under 60	51 - 60 years 1960-1969	Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
Division under 65	61 - 65 years 1955-1959	Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
Division over 66	66 years and higher -1954	Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu

Single competition: 1 athlete (m / f)

Form specifications recognized Pair- and Team Competition:

Participants	Age (year of birth)	Poomsae
Mini Pair + Team	8 - 11 years 2009-2012	Taeguk 4, 5, 6, 7, 8 Jang
Cadet Pair + Team	12 - 14 years 2006-2008	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Kumgang
Junior Pair + Team	15 - 17 years 2003-2005	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Kumgang, Taebaek
Division Pair + Team	18 - 30 years 1990-2002	Taeguk 6, 7, 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
Division Pair + Team	31 years and higher -1989	Taeguk 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon

Pair competition: 2 athletes (m+f)

Team Competition: 3 athletes (m+m+m / f+f+f)

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General Information for

Recognized Poomsae: Cut off system.

Every running poomsae will be drawn by lot.

In each competition, different poomsae will be performed.

Achieved points from the rounds before will not be carried over to the next round.

The poomsae have to be presented in the same order as they were drawn.

After the first poomsae (the waiting period between 1st and 2nd Poomsae is minimum of 30 seconds) the athlete has to start with the second one.

In case there is a tied score after the completion of the final round on the rank 1, 2, 3 or 4, the contestant who is awarded more points in presentation shall be declared the winner. In case the score is still tied, the contestant with the highest total points (including the highest and lowest points) wins. If it's still tied the referee will decide on a poomsae to be performed.

The organizer reserves the right to reduce the number of poomsae to be performed in the preliminary and the semi final round to one (1) poomsae. In the final two poomsae are presented.

Drawing:

The recognized poomsae for each category will be drawn by the competition board. They will be published on 14.02.2020 on www.GOP2020.de.

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Free Style Poomsae Competition:

Round	Participants
1	all athletes

Free Style Single Competition:

Participants	age
Division under 11	8 - 11 years 2009-2012
Division under 17	12 - 17 years 2003-2008
Division over 17	18 years and higher -2002

Single competition: 1 athlete (m / f)

Free Style Pair- and Team Competition:

Participants	age
Division Pair under 17	8 - 17 years 2003-2012
Division Pair over 17	18 years and higher -2002
Division Team over 12	12 years and higher -2007

Pair competition: 2 athletes (m+f)

Team Competition: 5 athletes (m+m+m+f+f or f+f+f+m+m)

General Information for

Free Style Poomsae:

Free Style Poomsae is the performance based on taekwondo techniques with composition of music and choreography. Music and choreography shall be the choice of the contestant. The duration of the contest is from 90 to 100 seconds.

Points of mandatory foot techniques shall be awarded only if athletes perform the techniques in the given order as below:

- Heights of jump
- Number of kicks in a jump
- Gradient of spins in a spin kick
- Performance level of consecutive kicks
- Acrobatic actions

Performed techniques must be within the boundary of taekwondo.

In Free Style Competition you perform only one Poomsae.

Music:

During registration time on Friday and Saturday, you can submit your music in MP3 format indicating your name and class.

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Para Poomsae Competition:

Round	Participants
1	all athletes*
2	50% athletes/teams with the highest points**
3	8 athletes/teams with the highest points

* The 1st round be cancelled by less than 19 participants.

** The 1st and 2nd round be cancelled by less than 8 participants.

Para Competition:

Participants	age
Para Junior Division	12 - 15 years 2005-2008
Para Division under 30	16 - 29 years 1991-2004
Para Division over 30	30 years and higher -1990

General Information for Para Poomsae:

Cut off system. Every poomsae is free choice. Two poomsae in the final round without deduction or bonus points.

All participants in the para divisions must show a medical certificate to prove their disability at the registration. This certificate can be issued in German or English language. If the participant is in possession of a disabled ID card, it needs to be shown as well. INAS Master List is accepted by number.

Division P 10:

Visual Impairments

Division P 11:

Visual acuity poorer than LogMAR 2.6.

Division P 12:

Visual acuity ranging from LogMAR 1.5 to 2.6 (inclusive) and/or Visual field constricted to a diameter of less than 6 degrees.

Division P 13:

Visual acuity ranging from LogMAR 1.4 to 1.0 (inclusive) and/or Visual field constricted to a diameter of less than 20 degrees.

Division P 20:

Intellectually Impaired

Division P 30:

Physical Impairment

Division P 31:

Mild, bilateral (or affecting 3 limbs) spasticity, ataxia, athetosis or dystonia.

Division P 32:

Dyskinesia, dystonia, ataxia, spasticity or athetosis affecting all 4 limbs.

Division P 33:

Unilateral spasticity (arm and leg), spastic hemidystonia.

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- Division P 34:** Very mild unilateral (one arm and leg on same side) or bilateral spasticity, mild athetosis, dyskinesia, dystonia or ataxia (less than 25 percent in duration and maximum).
- Division P 35:** Impairment on the legs that cannot be classified in the P31-34.
- Division P 36:** Impairment on the arms that cannot be classified in the P31-34.
- Division P 60:** Deaf
- Division P 61:** Hearing impairment (hearing loss of at least 55 dB in the better ear, for a cochlear implant: the measurement applies before this is inserted, external hearing aids may not be used in competition).
- Division P 62:** Hearing impairment (hearing loss of at least 55 dB in the worse ear, for a cochlear implant: the measurement applies before this is inserted, external hearing aids may not be used in competition).