



# German Open Poomsae 2018

## Poomsae - Freestyle - Para Poomsae

- Date:** 24. + 25. February 2018
- Place:** 21147 Hamburg  
CU Arena  
Am Johannisland 2-4
- Promoter:** Deutsche Taekwondo Union e.V.  
Responsible: Manuel Kolb, DTU - Vice-President Technical
- Chairman:** IR Rainer Tobias, DTU - Referee Director  
[rainer.tobias@dtu.de](mailto:rainer.tobias@dtu.de)
- Organizer:** Hamburger Sportfreunde e.V.
- Information:** [www.GOP2018.de](http://www.GOP2018.de)
- Schedule:**
- Friday, 23.02.2018**  
19:00 - 21:00 h, Registration for all, CU Arena
- Saturday, 24.02.2018**  
**Senior and Master Division 18 + years**  
**Freestyle 18 + years**  
**Para Division**  
07:00 h, Opening of the hall  
07:30 - 08:00 h, Registration for all, CU Arena  
10:00 h, Start of competition
- Sunday, 25.02.2018**  
**Cadet and Junior Division 12-17 years**  
**Freestyle 8-17 years**  
07:00 h, Opening of the hall  
08:00 - 08:30 h, Registration for Cadet and Junior, CU Arena  
10:00 h, Start of competition

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## Poomsae - Freestyle - Para Poomsae

### Conditions for participation:

Participants from Germany need the DTU Pass. Participants from foreign countries need the membership card of their national federation or the WT-membership card.

All participants have to proof their age and nationality by presenting their valid passport or identification card at registration. Those who are not recognized as adults by law in their own country must submit a written consent signed by parents or lawful guardian accepting the participation and all parts of the official invitation (liability declaration).

By registering, the participants accept the NADA Code in its current version and submit to the application of the anti doping regulations by registering for and participating at this tournament. More information can be found at [www.nada.de](http://www.nada.de).

### Uniform:

All athletes must have a WT-approved Poomsae competition uniform.  
Cadet Division (Ages 12-14): White top with red and black collar, plus blue pants for males; the same top, but with red pants, for females.  
Junior and Senior Division (Ages 15-50): White top with dark blue pants for males; white top with light blue pants for females.  
Master Division (Ages 51 and older): Yellow top and dark blue pant for both males and females.

### Results:

The contestants agree with the announcement that the results (with the name of the athletes) will be reported on the internet as well as in print media.

### Qualification:

Poomsae and Freestyle 2.<sup>nd</sup> Kup  
Para Poomsae 8.<sup>th</sup> Kup

### Age:

Age categories are based on the year of birth.

### Registration:

[www.GOP2018.de](http://www.GOP2018.de)

### Deadline:

**14.02.2018**

### Entry Fees:

Individual competition / Free Style:	€ 40,-- per contestant
Pair competition / Free Style:	€ 45,-- per team
Team competition / Free Style:	€ 50,-- per team

Entry fees to be paid to the following account:

Deutsche Taekwondo Union e.V.

Bank Name: Sparkasse Eichstaett

Account No: 2001 92 61

Banking Code: 721 513 40

IBAN NO: DE 40721513400020019261

Swift-BIC: BYLADEM1EIS

### Registration after Deadline:

Is possible by paying the double fees until **21.02.2018**.

### Competition Rules:

Competition rules WT with variations on this announcement.

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### Recognized Poomsae Competition:

Round	Participants	Poomsae
1	all athletes*	be solved
2	50% athletes/teams with the highest points**	
3	8 athletes/teams with the highest points	

\* The 1<sup>st</sup> round will be cancelled if there are less than 19 participants.

\*\* The 1<sup>st</sup> and 2<sup>nd</sup> round will be cancelled if there are less than 8 participants.

### Form specification recognized Single Competition:

Participants	Age (year of birth)	Poomsae
Cadet Division	12 - 14 years 2004-2006	Taeguk 6, 7, 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon
Junior Division	15 - 17 years 2001-2003	Taeguk 6, 7, 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
Division under 30	18 - 30 years 1988-2000	Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
Division under 40	31 - 40 years 1978-1987	
Division under 50	41 - 50 years 1968-1977	
Division over 51	51 years and higher -1967	

Single competition: 1 athlete (m / f)

### Form specifications recognized Pair- and Team Competition:

Participants	Age (year of birth)	Poomsae
Cadet Pair + Team	12 - 14 years 2004-2006	Taeguk 6, 7, 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon
Junior Pair + Team	15 - 17 years 2001-2003	Taeguk 6, 7, 8 Jang, Koryo, Kumgang, Taebaek, Pyongwon, Sipjin
Division Pair + Team	18 - 30 years 1988-2000	Koryo, Kumgang, Taebaek, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu
Division Pair + Team	31 years and higher -1987	

Pair competition: 2 athletes (m+f)

Team Competition: 3 athletes (m+m+m / f+f+f)

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### General Information for

**Recognized Poomsae:** Cut off system

Every running Poomsae will be drawn by lot.

In each competition different Poomsae will be run.

Achieved points from the rounds before will not count for the new run.

The Poomsae have to be presented in the same order as they were drawn.

After that (starting not later than 1 minute after the end of the first Poomsae) the athlete has to start with the second form.

In case there is a tied score after the completion of the final round on the rank 1, 2, 3 or 4, the contestant who is awarded more points in presentation shall be declared the winner. In case the score is still tied, the contestant with the highest total points (including the highest and lowest points) wins. If it's still tied the referee will decide on Poomsae to be performed before the final.

The organizer reserves the right to reduce the number of Poomsae to be performed in the preliminary and the semi final round to one (1) Poomsae. In the final two Poomsae are presented.

### Drawing:

The recognized Poomsae for each category will be drawn by the competition board. They will be published at 22.02.2018 on [www.GOP2018.de](http://www.GOP2018.de).

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## Poomsae - Freestyle - Para Poomsae

### Free Style Poomsae Competition:

Round	Participants
1	all athletes

### Free Style Single Competition:

Participants	age
Division under 11	8 - 11 years 2007-2010
Division under 17	12 - 17 years 2001-2006
Division over 17	18 years and higher -2000

Single competition: 1 athlete (m / f)

### Free Style Pair- and Team Competition:

Participants	age
Division Pair under 17	8 - 17 years 2001-2010
Division Pair over 17	18 years and higher -2000
Division Team under 17	8 - 17 years 2001-2010
Division Team over 17	18 years and higher -2000

Pair competition: 2 athletes (m+f)

Team Competition: 5 athletes (m+m+m+f+f or f+f+f+m+m)

### **General Information for**

#### **Free Style Poomsae:**

Free Style Poomsae is the performance based on taekwondo techniques with composition of music and choreography. Music and choreography shall be the choice of the contestant. The duration of contest is from 60 to 90 seconds.

The types of foot techniques designated are as follows in sequence:

- Heights of jump
- Number of kicks in a jump
- Gradient of spins in a spin kick
- Performance level of consecutive kicks
- Acrobat actions

Performed techniques must be within the boundary of taekwondo.

In Free Style Competition you perform only one Poomsae.

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## Poomsae - Freestyle - Para Poomsae

### Para Poomsae:

Round	Participants
1	all athletes*
2	50% athletes/teams with the highest points**
3	8 athletes/teams with the highest points

\* The 1<sup>st</sup> round be cancelled by less than 19 participants.

\*\* The 1<sup>st</sup> and 2<sup>nd</sup> round be cancelled by less than 8 participants.

### Para Competition:

Participants	age
P 20 Junior Division	12 - 15 years 2003-2006
P 20 Division under 30	16 - 29 years 1989-2002
P 20 Division over 30	30 years and higher -1988
P 30 Junior Division	12 - 15 years 2003-2006
P 30 Division under 30	16 - 29 years 1989-2002
P 30 Division over 30	30 years and higher -1988

### General Information for

#### **Para Poomsae:**

Cut off system.

#### **Division P 20:**

The Para-Taekwondo Poomsae (P20) competitions for Intellectually Disabled athletes.

#### **Division P 30:**

The Para-Taekwondo Poomsae (P30) competitions for athletes with a Physical Impairment.

#### **Poomsae:**

Taeguk and WT Poomsae (own choice).

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## Poomsae - Freestyle - Para Poomsae

- Music:** During registration time on Friday and Saturday, you can submit your music in MP3 format with your name and class.
- Classes:** A change of the age category is not possible. The Team Competitors can only start in their respective age category.
- Protest:** Only the official coach is allowed to protest after 10 minutes of the pertinent contest. The protest is € 100,- which has to be paid immediately to the referee director.
- Liability:** All contestants of the championship participate at their own risk. With the application form all competitors or their parents or lawful guardians accept the exclusion of liability.
- Scoring:** Places 1-4 will be scored for classification of clubs and countries. The formula 6 - 3 - 1 - 1 will be used. Reported teams of the German country associations (state divisions) will only be recognized in the country-score.
- Award presentation:** Trophy for place 1 in the individual classes,  
Medals for places 2 - 4 in the individual classes,  
Medals for places 1 - 4 for pair- and team classes,  
Trophies for places 1 - 5 for clubs,  
Trophies for places 1 - 5 for federal states,  
Trophies for places 1 - 5 for countries.